

VALLEY RIDGE ACADEMY

VOLLEYBALL 2023

OPEN GYM

WEDNESDAY 16

FRIDAY 18

MONDAY 21

3:15-4:30

TRYOUTS

TUESDAY 22

WEDNESDAY 23

THURSDAY 24

GIRLS 3:15-4:15

BOYS 4:15-5:15

**SPORTS PHYSICAL AND ATHLETIC
CODE OF CONDUCT REQUIRED**

**KRISTEN.ANDERSON@
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